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"Go in peace"

(Luke 7:50)

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Open your heart!

Kontakt: Meinolf Wacker
                    Kirchplatz 7
                    59174 Kamen

Mobil.:   +49-172-5638432
Mail: meinolf.wacker@go4peace.eu
Homepage   www.go4peace.eu

Dear friends of the word,

I'd known her for many years and I'd always liked her. She made the decision to get married. I'd witnessed the love between her and her boyfriend repeatedly, there was a strong sense of pure and true affection. Now the wedding was just days away. I received a call from her and she asked   "can I share an experience with you"? She told me: "Since the beginning of this week there's this darkness within me. There are lots of arguments within my family but also between me and my boyfriend. It's not been like this before and I don't know why it is that way now. Something destructive seems to be at work! My heart is no longer at peace."

We spoke for a few minutes and I told her: "You know Mihaela, if God wants to do great things, then there are always powers at work that want to stop it. If you are in darkness so close to your wedding then that is ultimately a sign that you are on the right path. At the end of our conversation I heard her say: "Now my heart is at peace again"! It turned out to be a beautiful wedding.

Just like the sinful woman in the gospel of Luke had opened her heart to Jesus and had given herself to him and heard him say: "Go in peace", Mihaela had opened her heart. In this safe place she was able to voice anything that troubled her. That helped her to find peace again.

You find peace within you if you don't allow negative and destructive thoughts and emotions to take over. Take some time out, moments of silence. Listen to what is going on within you. Say it and give it to God. Mention it to someone close to you if you like. So that there can be peace it is essential that you **Open your heart!**

For the OnWordTeam   Meinolf Wacker